

YOUTH Volleyball CLASSES

Volleyball Classes will start March 9th for a six week session at the East Carrollton Recreation Center Gyms.

Grade 2nd - 8th Code: 13296 Cost: \$120
Class Time: 5:30-6:30pm, Tuesdays & Thursdays
Basic skill development using a First Touch volleyball and a lowered net.

Grade 9th - 12th Code: 13298 Cost: \$240
Class Time: 6:00-8:00pm, Tuesdays & Thursdays
Skills development using regulation ball and net.

Classes will be in a six week session on the following dates: March 9 & 11, 16 & 18, 30 & April 1, 13 & 15, 20 & 22, 27 & 29.

For more information, call Scott Brown at 770-834-1127 or email him at sbrown@carrollton-ga.gov.

CHURCH COED VOLLEYBALL

#13288

16 Years of age prior to September 1, 2010
ORGANIZATIONAL MEETING
Tuesday, August 26, at 7:00 PM
Carrollton Community Activities Center
Lions Parks Room

League is September 9-November 16
Tuesdays and Thursdays
East Carrollton Gymnasiums

Fee will be set according to number of Teams

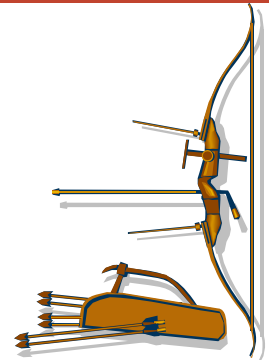
For more information,
contact Larry Turner (770) 834-0116 or
email him at lturner@carrollton-ga.gov

ARCHERY CLASS

Aim High! Join the Competitive Archery Class for ages 9 & up. We will be offering beginning, intermediate, and advanced programs for fun and competition.

Class will be offered Monday and Thursday, 6-8pm, from June 2 to June 30.
Cost is \$35 per person. **Class number is 11652.**

Class site will be announced at signup. All participants must have own equipment.
For more information, call Mark Newman at 770-838-1083.



INTRODUCING Foundation Wrestling Camp

Why Foundation Wrestling camps?...Small group, Only 50 Kids allowed. Drill intensive.
May 31 – June 4 at the Bonner Recreation Center, 226, West Ave, Carrollton, Georgia

Camp cost: \$275 (these are commuter camps...pack a lunch)

\$220.00 in FREE dvds to all campers....so you can retain what you learned

Ages: 9-18 (if 10 or under, you must have at least 2 years experience to attend)

Sessions: 9:00 – 11:30 / Lunch / 12:30-2:30 / 3:00-4:30 // Friday ends at 2:30 pm.

Coaches who bring teams of 15 or more receive a FREE Dream Season boxed set of DVDs worth \$345 dollars

Your wrestler will have a firm grip on wrestling with their hands (Hand-Fighting) with our PUSH / PULL / HIT / PICK / PASS system, be experienced in a CORE group of leg attack with an emphasis on CORE setups and CORE finishes, as well as an array of CORE secondary attacks, will be an expert at riding legs, a few ways of getting off bottom, and several high percentage tilts & turns...in addition to tricks of the trade, shortcuts and strategies sprinkled in during the camp.

On-line registration available at www.FOUNDATIONwrestling.com or pickup information at the Stallings Community Center, 118 S. White St., Carrollton or contact Nick Purler – 314.229.3540 // nick@foundationwrestling.com www.foundationwrestling.com.

